

Monday



Pork Meatballs in Tomato Sauce (G)

or



[(v)(h) Vegetable Cottage Pie (G.D.SB)]

or

Jacket Potatoes Every Day



[(v) Cheese/Beans (D)]

or

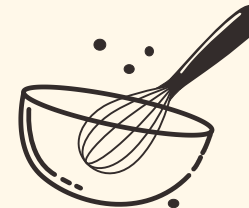
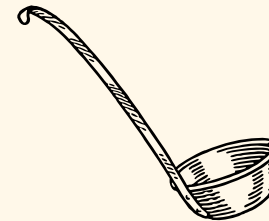
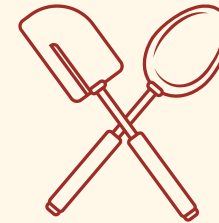


[(v) Cheese (D)]

or



Tuna Mayonnaise (F.E)



Tuesday



[(h) Mild Chicken Curry]

or



[(v) Cheese & Tomato Pizza Wedge (G.D)]

Wednesday



Roast Pork, Apple Sauce

or



[(vg) Quorn Roast, Apple Sauce (G)]

Thursday



[(v)(h) Broccoli & Sweetcorn Pasta (D.G)]

or



[(v) Plant Power Sausages (D)]

Friday



Fish Fillet Fingers (F.G)

or



[(v)(h) Cheese & Baked Bean Pasty (G.D)]

Week 1 Dessert Menu

Monday

[(v)(h) Honey & Ginger Cookie (G)]

Tuesday

[(vg)(h) Chocolate Cracknell (G)]

Wednesday

[(vg)(h) Jam Tart (G)]

[(v) Frozen Swirl Mousse (D)]

Thursday

[(v)(h) Eves Pudding (G.E.D)]

(vanilla apple sponge cake)

Friday

[(vg)(h) Flapjack (G)]

[(vg) Jelly with Fruit]

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown.

PLEASE NOTE some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink

Allergen Key

VG-Vegan., V-Vegetarian., H-Homemade, G-Gluten/Wheat, C-Celery, S-Sesame, F-Fish, M-Mustard, SU-Sulphites, D-Dairy, E-Eggs, SB-Soyabean.

